

Homebound

Quilt Pattern by Three Birds and Stitches
Crib/ Throw/Twin/King



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Pattern Level: Intermediate

The Homebound Quilt is made up using the Log Cabin Block technique by adding strip piecing. However it does go beyond that by then cutting down the center to create a window glass effect on the quilt. This pattern does require many steps and will create biased edges, which is why I added the outside border strips on the quilt top to help control that for quilting. Pressing your seams flat to your preferred method will definitely help as you are building your blocks and adding your sashing. **Please Read** through the pattern Carefully, and make note where directions may extend based on the size quilt you are making.

Assumed WOF is 42" for Measurements

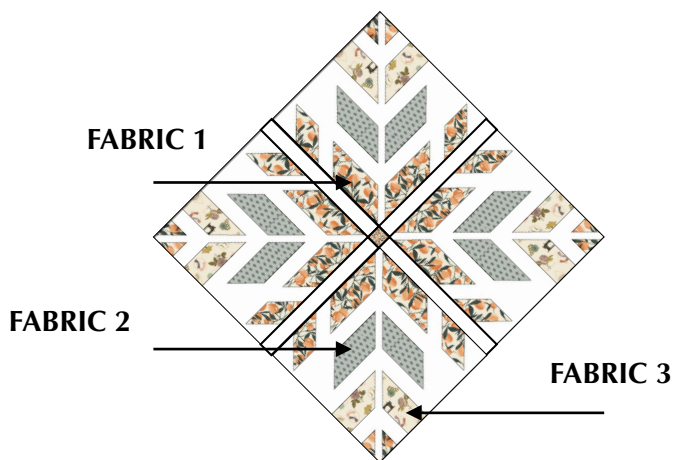
WOF - Width of Fabric

FQ- Fat Quarter

RST- Right Sides Together

Tools Needed:

- Rotary Cutter
- Ruler
- Cutting mat
- Mini Iron
- Wool Pressing mat



Fabric Cutting Notes: To make the quilt you will need to pull and cut Fabric 1, Fabric 2, Fabric 3 and the Background. For Fabric 1 there are two options, a Fat Quarter Version or Solid Version. Choose only one of these options. The cover quilt is made using the Fat Quarter version. See page 15 for the Solid Version Example.

Fabric Requirements				
	Crib 39" x 58"	Throw 56" x 72"	Twin 73" x 90"	King 88" x 105"
Fabric 1 (FQ Version)	4 FQ	8 FQ	12 FQ	18 FQ
Fabric 1 (Solid Version)	1 1/4 yd	1 3/8 yd	1 7/8 yd	2 3/4 yd
Fabric 2	3/8 yd	5/8 yd	7/8 yd	1 3/8 yd
Fabric 3	1/4 yd	1/2 yd	3/4 yd	1 1/8 yd
Background	2 1/2 yd	4 yd	6 1/2 yd	9 yd
Binding	3/8 yd	1/2 yd	5/8 yd	3/4 yd
Backing	2 yd	4 1/2 yd	5 1/2 yd 6 for Longarm	9 yd or 3 for xtra-wide

Cutting Instructions

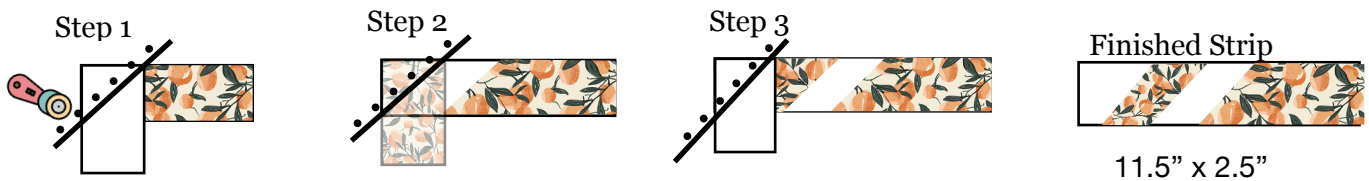
		CRIB	THROW	TWIN	KING
Choose 1 Option	Fabric 1 FQ Version	From Each FQ cut 12 - 4.5" x 2.5" 4 - 6.5" x 2.5" 4- 2.5" x 2.5" 1- 1.5" x 1.5"	From 4 FQ cut from each 12 - 4.5" x 2.5" 4 - 6.5" x 2.5" 4- 2.5" x 2.5" 1 - 1.5" x 1.5" From 4 FQ cut from each 9 - 4.5" x 2.5" 3 - 6.5" x 2.5" 3- 2.5" x 2.5" 1 - 1.5" x 1.5	From 10 FQ cut from each 12 - 4.5" x 2.5" 4 - 6.5" x 2.5" 4- 2.5" x 2.5" 1 - 1.5" x 1.5" From 2 FQ cut from each 9 - 4.5" x 2.5" 3 - 6.5" x 2.5" 3- 2.5" x 2.5" 1 - 1.5" x 1.5	From 12 FQ cut from each 12 - 4.5" x 2.5" 4 - 6.5" x 2.5" 4- 2.5" x 2.5" 1 - 1.5" x 1.5" From 6 FQ cut from each 9 - 4.5" x 2.5" 3 - 6.5" x 2.5" 3- 2.5" x 2.5" 1 - 1.5" x 1.5"
	Fabric 1 Solid Version	Cut 9 Strips 2.5" x WOF subcut to 48 - 4.5" x 2.5" 16 - 6.5" x 2.5" 16- 2.5" x 2.5" 4 - 1.5" x 1.5"	Cut 27 Strips 2.5" x WOF subcut to 84 - 4.5" x 2.5" 28 - 6.5" x 2.5" 28- 2.5" x 2.5" 8- 1.5" x 1.5"	Cut 26 Strips 2.5" x WOF subcut to 135 - 4.5" x 2.5" 45 - 6.5" x 2.5" 45- 2.5" x 2.5" 12 - 1.5" x 1.5"	Cut 38 Strips 2.5" x WOF subcut to 198 - 4.5" x 2.5" 66 - 6.5" x 2.5" 66- 2.5" x 2.5" 18 - 1.5" x 1.5"
Fabric 2		Cut 5 Strips 2.5" x WOF subcut to 16 - 4.5" x 2.5" 16 - 6.5" x 2.5"	Cut 9 Strips 2.5" x WOF subcut to 28 - 4.5" x 2.5" 28 - 6.5" x 2.5"	Cut 13 Strips 2.5" x WOF subcut to 45 - 4.5" x 2.5" 45 - 6.5" x 2.5"	Cut 19 Strips 2.5" x WOF subcut to 66 - 4.5" x 2.5" 66 - 6.5" x 2.5"
Fabric 3		Cut 5 Strips 2.5" x WOF subcut to 16- 5.5" x 2.5" 16 - 3.5" x 2.5"	Cut 7 Strips 2.5" x WOF subcut to 28- 5.5" x 2.5" 28 - 3.5" x 2.5"	Cut 11 Strips 2.5" x WOF subcut to 45- 5.5" x 2.5" 45 - 3.5" x 2.5"	Cut 16 Strips 2.5" x WOF subcut to 66- 5.5" x 2.5" 66 - 3.5" x 2.5"
Background Fabric		Cut 25 1.5 x WOF sub-cut to 16 of Each 2.5" x 1.5" 3.5" x 1.5" 5.5" x 1.5" 6.5" x 1.5" 8.5" x 1.5" 9.5" x 1.5" 11.5" x 1.5" sub-cut to 1 - 23.5" x 1.5" 3 - 1.5" x WOF Cut 10 2.5" x WOF, sub-cut to 64 - 4.5"x 2.5" 32 - 3.5" x 2.5" Cut 6 1.25" x WOF sub-cut to 16- 1.25" x 18" Border Strips 5 - 2.5" X WOF	Cut 44 1.5 x WOF sub-cut to 28 of Each 2.5" x 1.5" 3.5" x 1.5" 5.5" x 1.5" 6.5" x 1.5" 8.5" x 1.5" 9.5" x 1.5" 11.5" x 1.5" sub-cut to 4 - 23.5" x 1.5" 4 - 1.5" x WOF Cut 17 2.5" x WOF, sub-cut to 112 - 4.5"x 2.5" 56 - 3.5" x 2.5" Cut 12 1.25" x WOF sub-cut to 24 - 1.25 x 18" Border Strips 7 - 2.5" X WOF	Cut 70 1.5 x WOF sub-cut to 46 of Each 2.5" x 1.5" 3.5" x 1.5" 5.5" x 1.5" 6.5" x 1.5" 8.5" x 1.5" 9.5" x 1.5" 11.5" x 1.5" sub-cut to 8 - 23.5" x 1.5" 5 - 1.5" x WOF Cut 28 2.5"x WOF, sub-cut to 184 - 4.5"x 2.5" 92 - 3.5" x 2.5" Cut 20 1.25"x WOF sub-cut to 40 - 1.25 x 18" Border Strips 9 - 2.5" X WOF	Cut 105 1.5 x WOF sub-cut to 66 of Each 2.5" x 1.5" 3.5" x 1.5" 5.5" x 1.5" 6.5" x 1.5" 8.5" x 1.5" 9.5" x 1.5" 11.5" x 1.5" sub-cut to 12 - 23.5" x 1.5" 8 - 1.5" x WOF Cut 40 2.5" x WOF, sub-cut to 264 - 4.5"x 2.5" 132 - 3.5" x 2.5" Cut 30 1.25" x WOF sub-cut to 60 - 1.25 x 18" Border Strips 11 - 2.5" X WOF
Binding		5- 2.25" X WOF	7- 2.25" X WOF	9- 2.25" X WOF	11- 2.25" X WOF

FABRIC 1 : Strip 1 Construction

Step 1: Take your **Fabric 1 6.5" x 2.5"** rectangle, right sides facing together line a **4.5" x 2.5"** **background** rectangle vertically all the way to the left corner, mark a diagonal sew line, (see diagram below) and sew diagonally. Trim a 1/4" to the left side of your sew line, and press open.

Step 2: Take a **4.5" x 2.5"** **Fabric 1** rectangle, lay vertically and line up to the top left corner right sides facing. Mark your sew line, stitch on the line, trim and press open.

Step 3: Take a **3.5" x 2.5"** **background** rectangle, line up vertically to the left corner, mark your sew line, stitch, trim and press .
(See the Finished strip configuration below for reference)



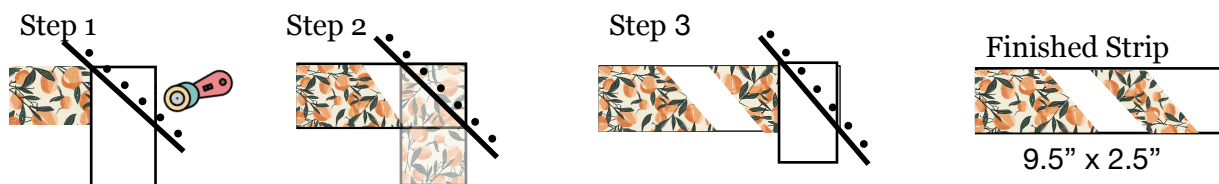
FABRIC 1 : Strip 2 construction

The Steps are the same as above but for this strip all the pieces will be sewn to the far right corner.

Step 1: Take a **Fabric 1 4.5 x 2.5"** rectangle, line up a **4.5" x 2.5"** **background** rectangle vertically to the far right corner, mark your diagonal sew line, (see diagram below) stitch on the line, trim a 1/4" to the right this time and press open.

Step 2: Take a **Fabric 1 4.5" x 2.5"** rectangle, sew on the diagonal, trim and press open.

Step 3: Take a **3.5" x 2.5"** **background** rectangle, sew, trim and press open.



FABRIC 2 Strip Construction:

Take the **Fabric 2 6.5" x 2.5"** rectangles and line up a **4.5" x 2.5" background** rectangle vertically, on the left end of Fabric 1, mark a diagonal sew line, (see Diagram 1 below).

Sew on marked line and trim 1/4" to the left, fold open and press.

Repeat the same step with the **Fabric 2 4.5" x 2.5"** rectangles but line up a **4.5" x 2.5" background** rectangle vertically to the far right side, mark, sew and press.

(See Diagram 2 Below)

Diagram 1

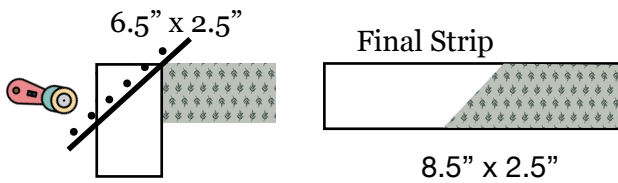
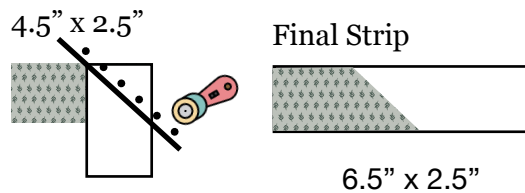


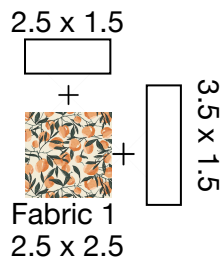
Diagram 2



Block Construction

Starting with the **2.5" x 2.5" Fabric 1 square** you will build the blocks using your pre-cut **2.5, 3.5, 5.5, 6.5, 8.5 and 9.5 x 1.5" wide background strips and constructed Fabric 1, Fabric 2 and Fabric 3 x 2.5" strips**. Please reference the diagrams below to help guide you in building the blocks.

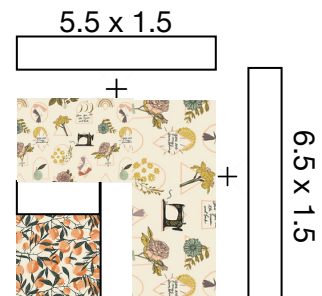
Step 1



Step 2

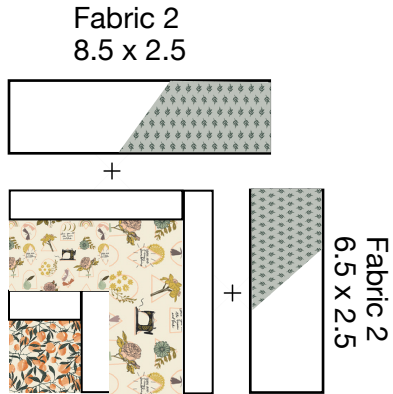


Step 3

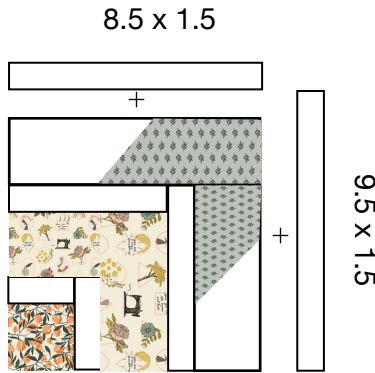


Block Construction- Continued

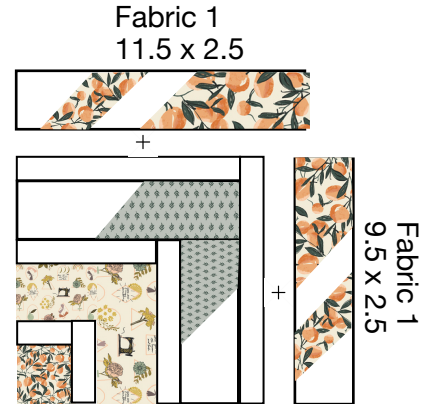
Step 4



Step 5



Step 6



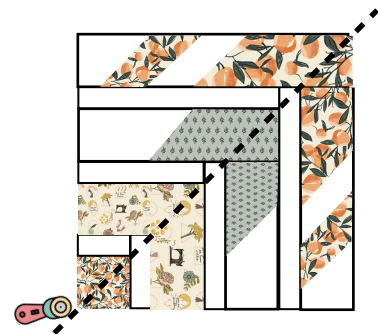
*Reference table for the total number of Blocks completed

Number of Blocks Per Size	
Crib	16
Throw	28
Twin	46
King	66

Once your blocks are completed Press your seams flat to preferred method.

- Using a ruler and your rotary cutter, cut your block on a diagonal starting from the **2.5 x 2.5" square** to the outer corner. See dashed line for reference in Diagram 3.

Diagram 3



Block Construction- Continued

Once Diagram 3 is complete and blocks have been cut down the center, you will set aside a number of blocks/triangles sets. These will be used to make the Border Star Blocks in Diagram 6B for the top and bottom of the quilt.

See the List Below for the number to put aside per quilt size.

- **Throw** Set aside 4 blocks/8 triangle
- **King** Set aside 6 blocks / 12 triangle's

*The Twin and Baby sizes offset and will use the additional triangles to fill in the corners

See Page 9 Diagram for Crib/Twin Example

- **Baby** Set aside 3 blocks / 6 triangle's
- **Twin** Set aside 6 blocks /12 triangle's

Adding Center Strip:

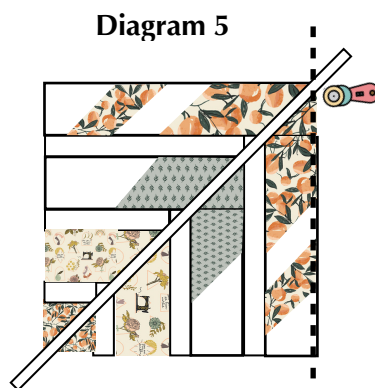
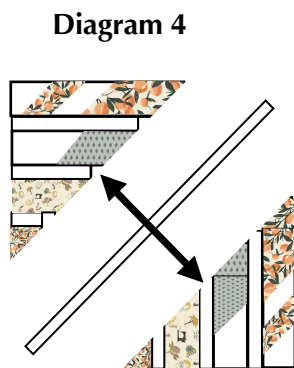
- Take the remaining blocks/triangle sets, fold them in half from the center and press to create a crease. Take your **1.25" x 18" background strips** and do the same. See the double arrow in Diagram 4 for reference.

- Use the center creases to line up your triangle halves on the 18" strip and sew.

- Once completed, press seams and block flat. Then square up your block trimming away center sashing,

Final Block should measure **11.5" x 11.5"** when completed. See Diagram 5.

Reference the table for the total number of blocks to be completed



Total # Blocks Completed	
Crib	12
Throw	24
Twin	40
King	60

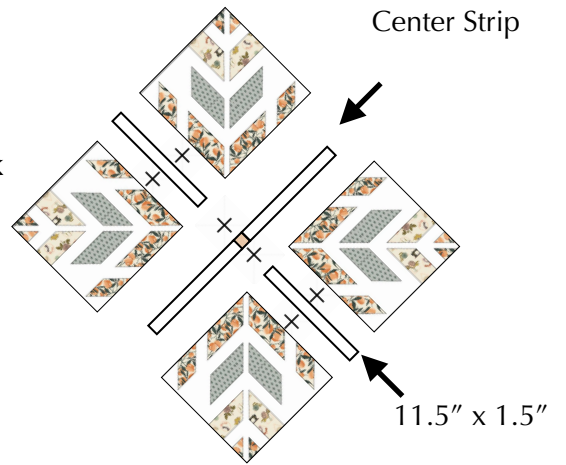
Center Star Blocks

First assemble Center Strip, take two **11.5" x 1.5"** **background** strips and a **Fabric 1 1.5" x 1.5"** square. Join RST



Diagram 6A

Then using two **11.5" x 1.5"** **background** strips, join up your Four blocks and attach to the center strip. Center Block is complete. See Diagram 6A for reference



Repeat to Make all Center Star Blocks

Total # of blocks per size

- **Baby** 2 Center Stars
- **Throw** 4 Center Stars
- **Twin** 8 Center Stars
- **King** 12 Center Stars

Border Star Blocks

Take one **11.5" x 1.5"** **background** strip and **Fabric 1.5" x 1.5"** squares. Join RST,

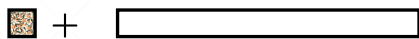
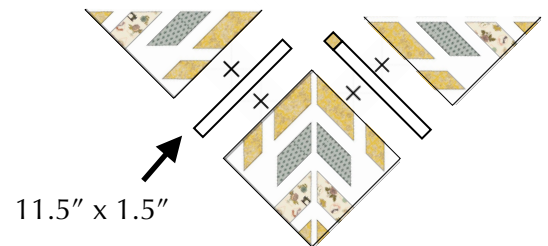


Diagram 6B

Attach one of the triangle halves.

Join one **11.5" x 1.5"** **background** strip to one of the triangle halves. Attach all blocks. Border Star Block is complete. See Diagram 6B for reference



Repeat to make all Border Star Blocks

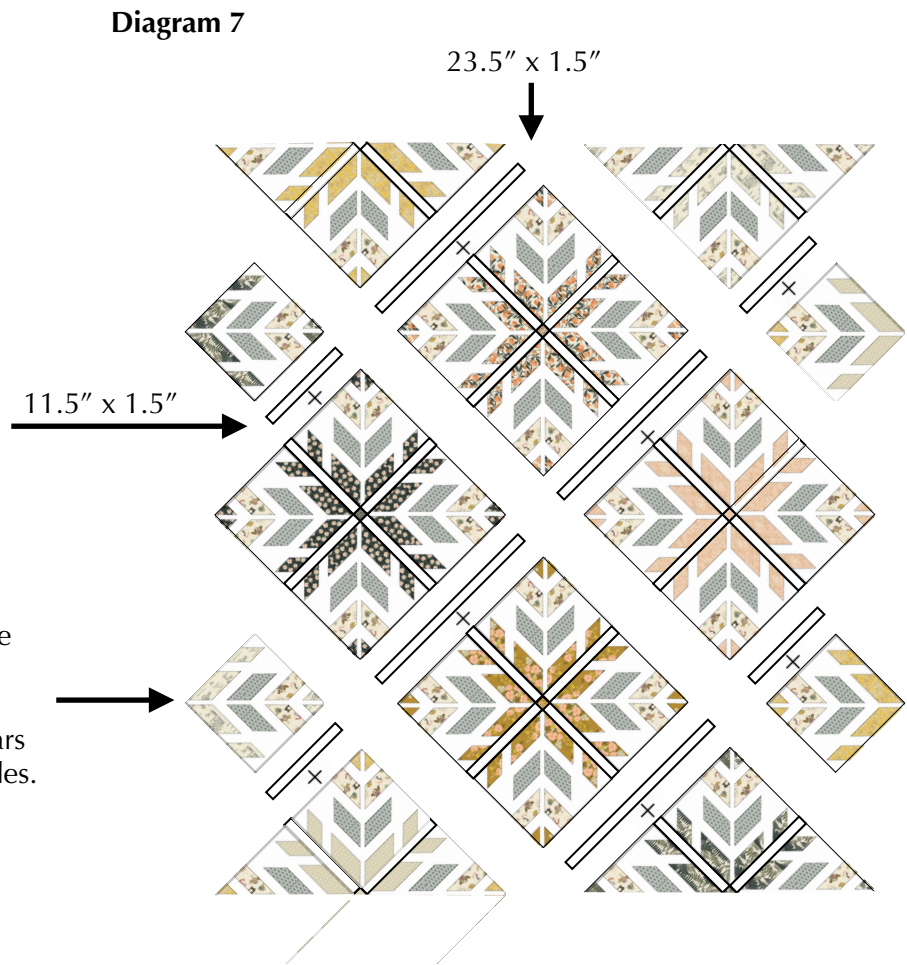
Total # of blocks per size

- **Baby** 2 Border Stars
- **Throw** 4 Border Stars
- **Twin** 4 Border Stars
- **King** 6 Border Stars

Attaching your Side Sashing

Using the additional single blocks, take the remaining **11.5" x 1.5"** and **23.5" x 1.5"** strips and sew them RST to the Center and Border star blocks to build the rows.

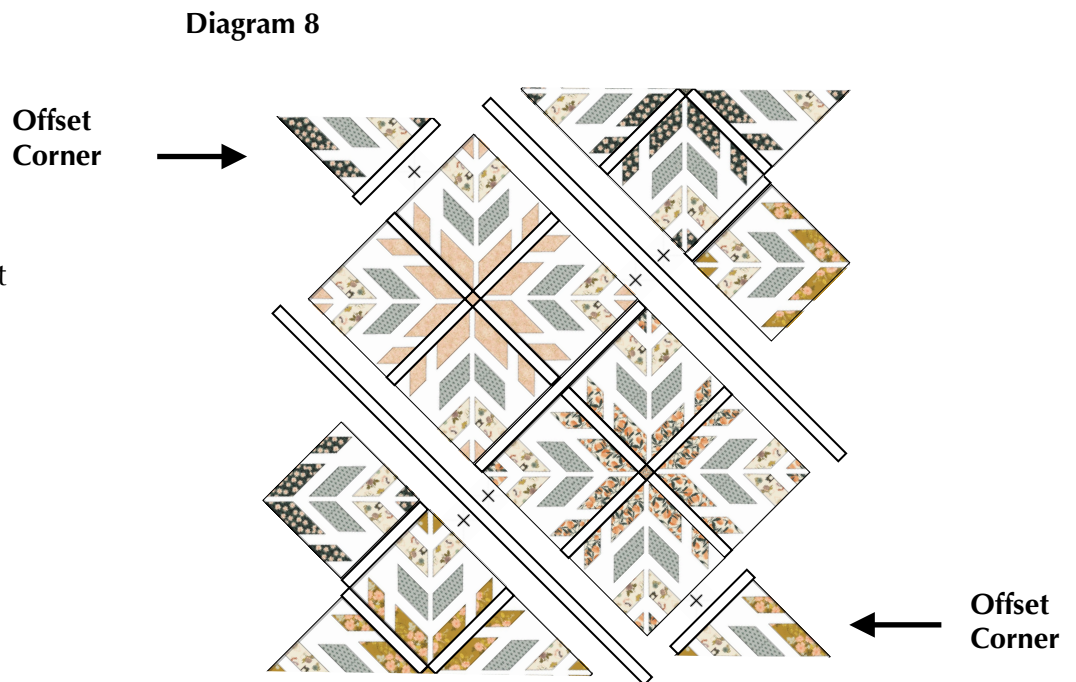
* **Note:** Use the additional Star Blocks from your border stars to fill in the sides.



*Crib/Twin Quilt

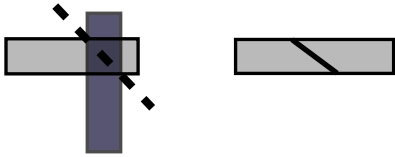
Example:

The Crib and Twin Quilts Offset in the Corners. Use the additional triangle halves that were put aside to fill in the corners. Note there will be additional triangles that won't be used and can be discarded to your scrap bin. See Diagram 8



Assemble Quilt Top

To complete the quilt top you will take your **1.5" x WOF background** strips and attach them together, fold open, and press until you have a strip long enough to attach your rows. See Diagram Below:



Starting with the longest rows, line up the center of your Stars blocks and pin to help keep your quilt straight. Continue to add your sashing and attaching rows until your top is completed.

Diagram 9

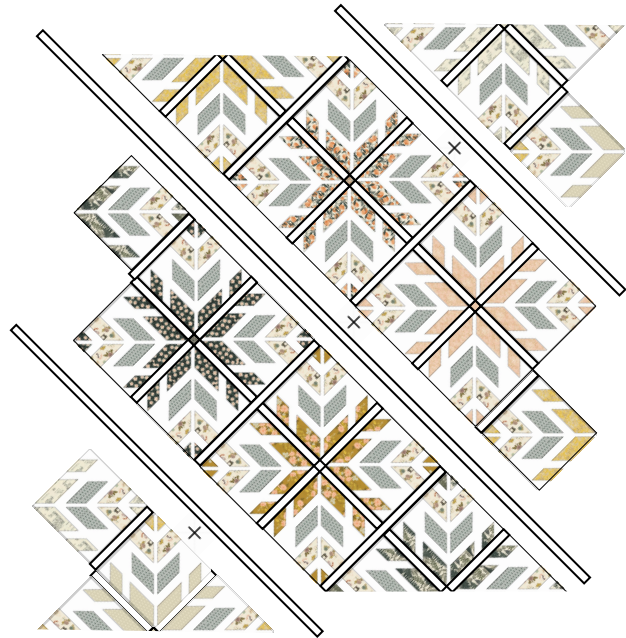
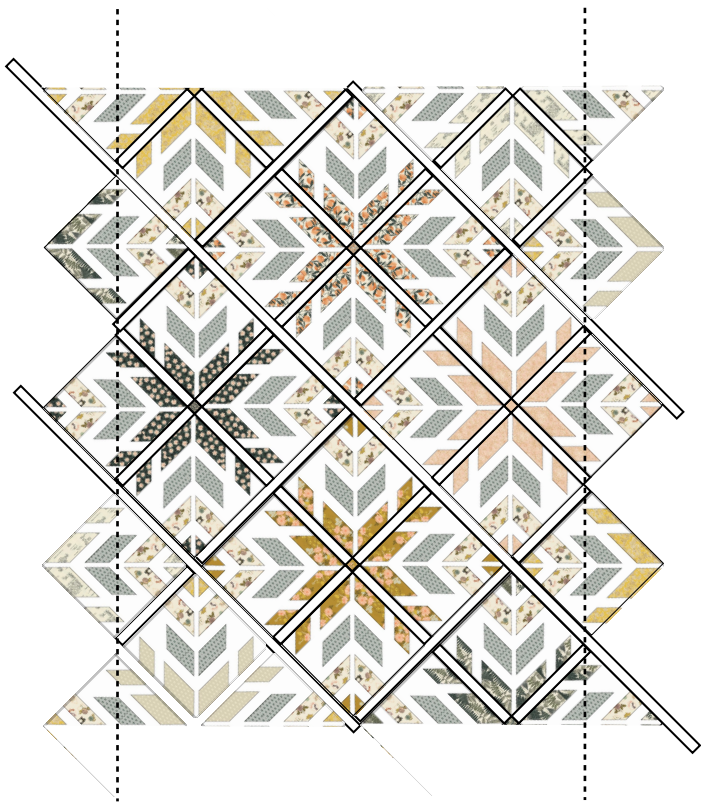


Diagram 10



Square Up Quilt:

When your top is fully sewn together you want to heat press your top and all seams flat, either open or to the side. **TIP!!** Pressing the Quilt top will make it easier to square up.

Using a ruler and rotary cutter you will trim your outer edges from corner to corner to square up your quilt top. See Diagram 10 and reference the dotted lines for where to trim.

Attach Borders:

Once the top is trimmed you will use the **2.5" x WOF background** strips to create a border. Join the strips together the same as the sashing before and attach to the outer sides. See Diagram Below.



Finishing Quilt:

- Trim loose threads and press seams flat to preferred method.
- Baste Quilt in Preferred Method of Pin or Spray
- Quilt up your Top and Bind to Finish

For Longarm Quilting Services
Visit www.threebirdsandstitches.com

*CRIB SIZE - 39" X 58"



THROW SIZE - 56" x 72"



*TWIN SIZE - 73" x 90"



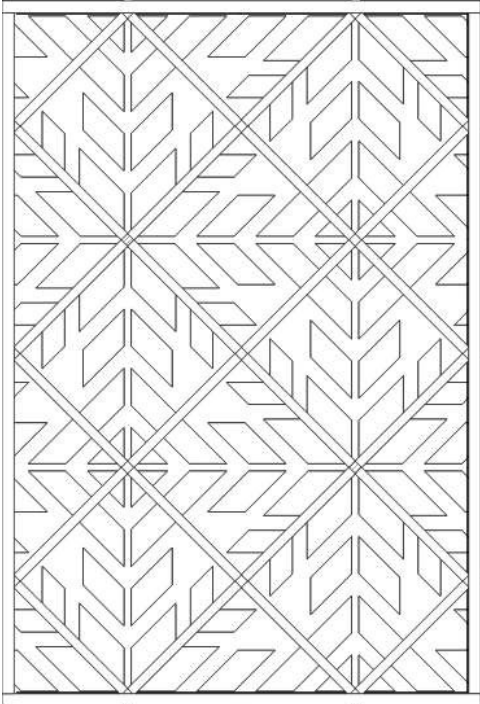
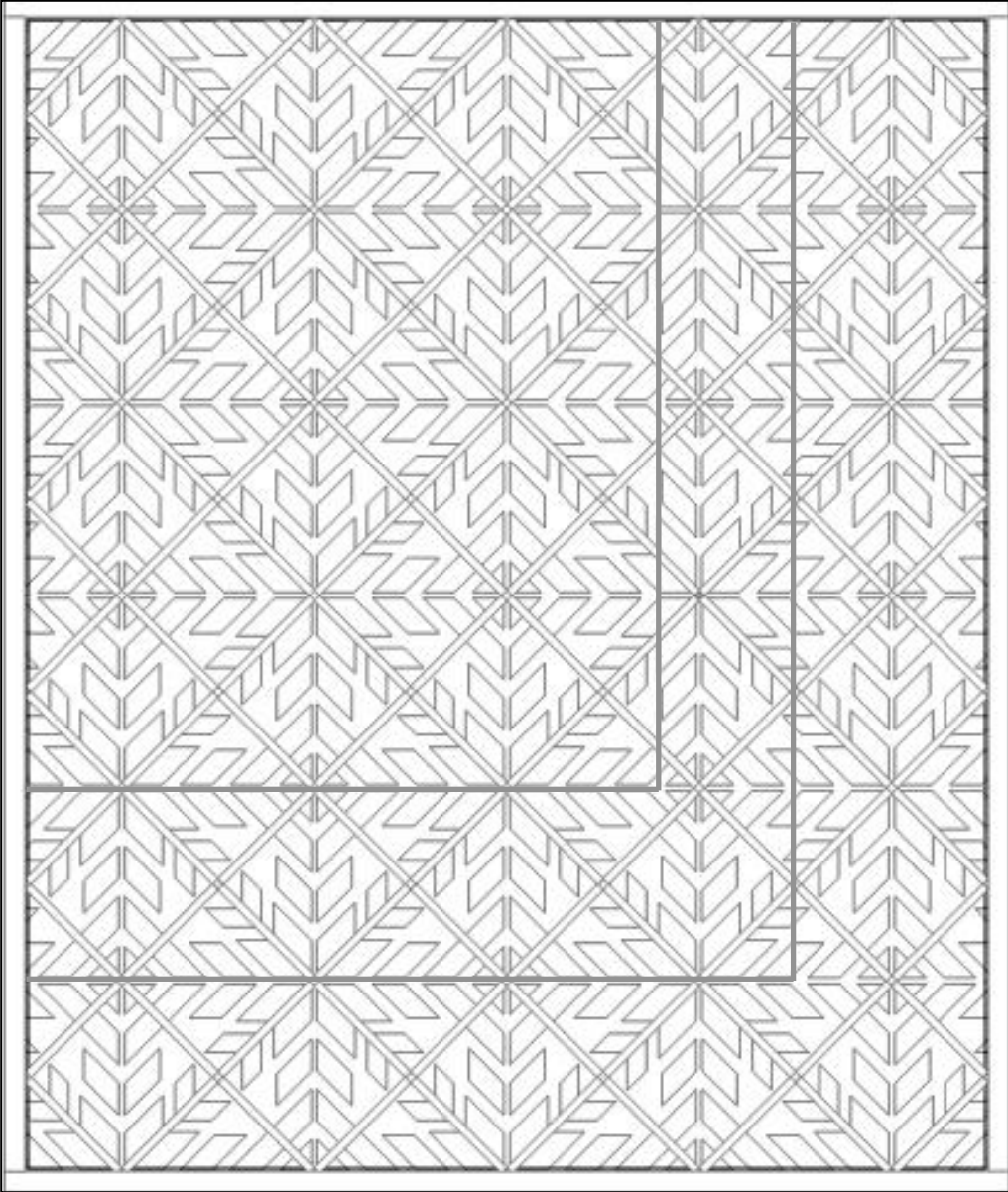
KING SIZE - 88" x 105"



Use the Below pre-printed tags to help organize your pieces.

BACKGROUND 2.5 x 1.5	BACKGROUND 3.5 x 1.5	BACKGROUND 5.5 x 1.5
BACKGROUND 6.5 x 1.5	BACKGROUND 8.5 x 1.5	BACKGROUND 9.5 x 1.5
FABRIC 1	FABRIC 2	FABRIC 3
BACKGROUND 4.5 X 2.5	BACKGROUND 3.5 X 2.5	BACKGROUND 11.5 X 1.5
BACKGROUND 18 X 1.25	BACKGROUND 1.5 X WOF	BACKGROUND 23.5 X 1.5

Coloring Page



Solid Version:

To make this version utilize the Fabric 1 Solid Option with the Fabric 2 and Fabric 3 .

